

# Harlow

Dementia Friendly  
Community



Dementia Friendly  
Organisation



# INFORMATION FOR DOCTOR'S SURGERIES



Dementia groups and activities



Dementia Awareness Sessions



Dementia Friendly  
Organisation Status



Dementia publicity &  
information



For More Information contact  
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# Introducing Harlow Dementia Friendly Community

Hi, thank you for taking time to read this short flyer.

We represent the Harlow Dementia Friendly Community (DFC) and part of our role is to develop awareness about Dementia and help healthcare settings like your own (as well as businesses, community, and statutory organisations), to become more dementia friendly.

As a busy General Practice, we recognise that dementia is just one of a huge number of health issues that you deal with every day. Considering how your practice may become more dementia friendly, however, will benefit not just those with dementia and their carers, but many of your other patients.

A representative from Harlow DFC would be delighted to work with you, to see those relatively small changes which may be of benefit. We are also able to provide dementia awareness sessions, & information about local activities and support.

Our Chair is Caroline Ashton-Gough, an Admiral Nurse based at Princess Alexandra Hospital with vast experience in supporting those with dementia and their carers.

If you would like to explore how your surgery could register as a Dementia Friendly Organisation, then please get in touch using the contact details overleaf and we will send you more information.

Relatively small changes can have a massive impact, we do hope you will join us in making our town a better place for those living with dementia.

Ron Kingsmill on behalf of Harlow DFC